

## Alberta Resources for Newcomers

- [Welcome to Alberta: Information for newcomers](#): From Alberta Employment and Immigration, information on housing, employment, education, health care, child care, the legal system, social customs, and temporary foreign work.
- [Alberta Newcomer Services](#): Links to pre- and post-arrival programs and services, including online English lessons and the federal Temporary Foreign Worker Program.

[Alberta Association of Immigrant Serving Agencies](#): Umbrella organization with links to agencies in 10 municipalities.

[A newcomers' guide to elementary education in Alberta](#): Produced by Grasslands School Division in several languages, including Amharic, Somali and Arabic.

[Catholic Social Services](#): Provides settlement, educational, language/language assessment, employment and outreach services in more than 35 languages, in Edmonton and north / central Alberta.

## Edmonton Resources for Newcomers

- [ASSIST Community Services Centre: Counselling, workshops, and group activities for children, youth, families and seniors new to Canada.](#)
- [Centre d'accueil et d'établissement du Nord de l'Alberta](#): Helps francophone newcomers with settlement and integration.
- [Edmonton Immigrant Services Association](#): Services to help reduce language and communication barriers, connect newly arrived families to community resources, and match newcomers with community volunteers.
- [Indo-Canadian Women's Association](#): Settlement services and courses.

## Calgary Resources for Newcomers

- [Calgary Bridge Foundation for Youth](#): Engages immigrant youth and families through a newcomer orientation week, after-school programs, family assistance, in-school settlement, and a student mentorship program.
- [Calgary Catholic Immigration Society \(CCIS\)](#): Settlement and integration services for immigrants and refugees in Southern Alberta.
- [Calgary Immigrant Educational Society](#): Education, multimedia information, and referral services.

- [Calgary Immigrant Woman's Association](#): Programs in the areas of settlement and integration, literacy and language training, family violence, parenting, individual counselling, health, housing and community development, as well as youth.
- [Centre for Newcomers](#): Settlement services and youth programming in English and in a newcomer's first language.
- [Immigrant Services Calgary](#): Programs and services in more than 70 languages including newcomer support, translation and interpretation, and family support.